

# KRIS LEIGH

ASSISTED LIVING COMMUNITIES



*Making a Difference  
in Our Residents Quality of Life...*

- *Kris-Leigh Catered Living of Severna Park*
- *Kris-Leigh Assisted Living of Gambrills*
- *Kris-Leigh Assisted Living of Davidsonville*

At each community, our focus is clear, our purpose defined. Kris-Leigh is committed to providing residents with the finest in quality care and personalized service. Attention is placed on promoting wellness, independence, socialization, and the nurturing of spirit, while delighting our residents and families.





## Rehabilitation and Other On-site Health Services

### **The Right Level of Care to Support Your Active Lifestyle**

Our goal must be to help our residents maintain or improve their level of functioning in order to help them lead more active and independent lives. Kris-Leigh partners with various healthcare providers who bring their expertise directly to the residents of our communities. You'll receive the services you need, right here in the comfort of your own home.

On-site services, available to residents include:

- Physical therapy,
- Occupational therapy
- Speech therapy
- Home health care
- Hospice care
- Medication management



## **Peace of Mind Our Specialty!**

At Kris-Leigh Assisted Living we realize how difficult it is to make this very significant decision. Over the years we have compiled what seem to be the **"Top 10"** Questions or concerns that most have when choosing a facility:

**Q: Is an entrance or community fee customary in Assisted Living?**

A: Yes. Most communities in our area have community fees. It's a standard in Assisted Livings to ensure a quality environment, safe grounds and top of the line perks for our residents and their families.

**Q: What happens if mom falls in her room and can't reach her call light?**

A: We recommend our Kris-Leigh Emergency Pendant. Our state of the art building has been outfitted for an in-house emergency pendant system that can be worn and utilized as the need arises. The call is routed to all care-giving personnel.

**Q: My dad has always been social but lately he refuses to leave his chair, what can you do for him?**

A: Kris-Leigh has a well planned and diverse activity calendar! Our daily activities range from Morning Exercises to Happy Hour. We hold daily live music in our Piano Room, Spanish classes in our Library and Pontoon Boat Rides down the Magothy River.

**Q: What is a Certified Medication Technician and how is that safe for mom's medication regime?**

A: Certified Medication Technicians are trained and certified under the Maryland State Board of Nursing. Certified Medication Technicians were designed to alleviate the time consuming med-pass, allowing time for our Nurses to clinically and personally manage their residents. Certified Medication Technicians. Along with our nurses are held accountable for the safe handling and administration of medications.

**Q: We want to use our family Pharmacist, is that possible?**

A: It is recommended that you partner with our contract pharmacy, however, you can opt to use your current provider. Long Term Care communities typically contract with an institutional pharmacy that provides a Geriatric Pharmacist to monitor medications. The pharmacy also

prepares medications in bubble cassettes to ensure safety and precise management. If you choose your own Pharmacist, please be aware of a charge for repackaging.

**Q: Is there a Doctor that visits onsite?**

A: Yes, and many other Specialized Physicians do house calls also! Kris-Leigh Assisted Livings contracts with a Physician who is responsible for the primary care of the resident. He also will refer residents to other specialties as the need arises.

**Q: My mother is a picky eater. Do you offer a variety of menu items?**

A: Our chefs work hard to plan and prepare a variety of many options to satisfy many palates! You won't find spaghetti on the menu too often, we pride ourselves in a wide selection of pleasing entrees. Served restaurant style, you order... we serve!

**Q: I heard there isn't enough staff in Assisted Living, is that true?**

A: Our resident to staff ratio mirrors the state and federal guidelines. Licensed Assisted Livings are mandated to have a ratio that supports the number of residents we have in the community.

**Q: Mom needs therapy, does she need Skilled Nursing?**

A: Residents can opt to have therapists onsite to cover therapy needs. Most of our residents have therapy from time to time. As long as the doctor orders it, therapy can be provided onsite without having to leave home. We also have a therapy pool and an exercise room to utilize.

**Q: Dad doesn't want to move and now he's pretty upset with us. We told him we'd never put him in a nursing home. What now?**

A: We can ease your burden...That's our primary function! Kris-Leigh was founded by a couple that had your exact issue, wanting the best care but knowing how hard it was to make that move. We recognize your tremendous feelings of guilt and pressure. One way to minimize the transition is to have your dad stay with us temporarily, a Respite stay. This can ease his stress and help the situation solve.



## Memory Impaired Care

### Ensuring That Every Moment Counts

At Kris-Leigh Assisted Living Communities, we believe that for those with memory loss, every moment is an opportunity to experience meaning and comfort in a delightful environment.

Help someone you love make the most of every day at Kris-Leigh Assisted Living. Our staff at our individual communities are trained to do just that! Our award winning assisted living community in Severna park, MD was designed an for various geriatric needs and illnesses by Elder-Care Interiors.

Every day follows a structured routine designed to engage residents with many opportunities to maintain personal preferences.

You'll feel a comforting warmth and energy the moment you walk through the door. Residents enjoy light-filled spaces, waterfront dining, and private suites with full baths.

Kris-Leigh provides much more than a safe environment. Every activity, every thoughtful architectural feature in our communities are designed to enhance abilities, independence and peace of mind.



## Hospice Care

### End-of-Life Palliative Care in a Home Like Setting

Kris-Leigh Assisted Living wants to make sure that every moment is as comfortable as possible for your loved one if Hospice Care is needed.

Hospice Care is a program that provides special care for people that are near the end of their lives. Kris-Leigh has partnered with Hospice Providers locally at all of our communities to provide palliative care to your loved one as they approach the final phase of their life.

Some of these services include\*:

- Nursing care
- Social services
- Physician services
- Music therapy
- Dementia care
- Spiritual support and counseling
- Home health aids and companions
- Trained volunteer support
- Physical, occupational and speech therapies
- Respite care
- Inpatient care
- Bereavement support

*\*Services may vary by hospice provider*



## Financial Solutions for Residents and Families

### **Veteran Benefits**

If you are a US veteran or the surviving spouse of a veteran, you may be eligible to receive a federal monthly pension (up to \$1,950 per month) to help pay for personal care such as assisted living. For application assistance please contact a Community Relations Associate at Kris-Leigh Assisted Living.

### **Medicaid Waiver**

The Medicaid Waiver available through the state of Maryland is accepted at all three of our communities based on availability, not guaranteed. Please contact your local Department of Aging for more information.

### **County Subsidy**

Anne Arundel County offers a subsidy program for senior living that will help ease the financial burden of assisted living. The communities that it applies to have to be no larger than 16 units, our Gambrills location accepts this subsidy.

### **Life Insurance Liquidation**

The liquidation of a life insurance policy through a life settlement can act as a “funding bridge” to help cover the costs of retirement and senior living services when other assets such as a home or stocks are underperforming or difficult to sell.

### **Gift Tax Exemption**

Family members can contribute toward the cost of assisted living and take advantage of the IRS gift tax exemption. In 2009, individuals can provide gifts of up to \$13,000 per person per year without paying a federal gift tax. Consultation with a tax professional is strongly advised before making financial decisions.

### **Auction Services**

Kris-Leigh Assisted Living has partnered with Auction Services, Inc. If you have real estate and/or personal property that you would like to liquidate quickly, our auction option can ease the burden of selling furniture, cars and personal items.

## **Long-Term Care Insurance**

It's been proven that long-term care insurance can tremendously ease the financial burden of long-term care. It's fairly simple to qualify and premiums are based on when you get insured and how much you need. Please contact Kris-Leigh Assisted Living for a list of qualified brokers in our community.

## **Real Estate Lien**

Sometimes we out live our liquid assets and our home is our only source of income. Kris-Leigh Assisted Living offers an option for a property lien that will ensure payment for your healthcare needs.

## **Reverse Mortgage**

Qualified mortgage specialists in our localities can assist you in finding the right solution when it comes to a Reverse Mortgage. Please contact our Community Relations Director for a list of trusted professionals.



## Our Community



TO PROVIDE OUR RESIDENTS WITH DIGNITY,  
UNDERSTANDING, SECURITY, AND THE HIGHEST  
QUALITY OF CARE WHILE DELIGHTING OUR  
RESIDENTS AND GIVING PEACE OF MIND TO  
FAMILY MEMBERS WHEN IT IS NEEDED MOST.

## Family Values

What exactly makes up a strong family that possesses good family values? A family that sustains its members - that supports and nourishes the members throughout the span of that family. A strong family unit creates a safe, positive and supportive place for all members to thrive. They are able to utilize resources and to live together in a fairly healthy manner. At Kris-Leigh assisted Living, we feel compelled to continue our support of family values throughout our communities. Whether it's our residents and their families or our team members, it's our mission to provide a working and living environment that encourages families to stay supportive and involved with its members.

## Our Professional Staff

Respect, Sensitivity, and Compassion.... Just a few qualities that our staff members must possess. Our management and clinical teams are comprised of health professionals that lead our caregivers, ensuring a customized plan of care. Each community is led by its own Assisted Living Manager who devotes his or herself to the needs of the residents, always applying a hands-on approach.

## Senior Resources

When searching for the right community, please use these services and tools that are available to assist in making the right decisions. Popular links to resources for seniors in our area are:

Office of Health Care Quality; OHCQ [www.dhmh.state.md.us/ohcq](http://www.dhmh.state.md.us/ohcq)

Anne Arundel Dept. Of Aging [www.aahealth.org/commhlth\\_geriatrichealth.asp](http://www.aahealth.org/commhlth_geriatrichealth.asp)



## Assisted Living

### Quality of Life in a Quality Environment

As we age, many of us naturally need a helping hand – perhaps someone to help us get ready for the day, help manage our medications, or prepare special meals to fit our unique dietary needs. Sometimes that extra help is all we need to continue living safely on our own.

Our staff is here to offer a helping hand. When you join our assisted living community, your needs are carefully assessed before recommending specific assisted living services.

Our Director of Clinical Services and Resident Care Manager will visit with you on a regular basis to personally discuss health-related issues and to monitor your progress. We also work with your personal healthcare professionals to arrange on-site visits and rehabilitative therapies as needed.

Depending upon your situation and health concerns, services could include:

- Daily assistance with bathing and dressing
- Medication management
- Dining assistance and special diets
- Assistance with reminders and redirection
- Escorts and assistance with walking
- Diabetic management
- Physical therapy
- Speech therapy
- Occupational therapy
- Respite care and short-term stays



## Short-Stay Care

### **A Wonderful Respite: A Great Way to Get to Know Us**

All of our Kris-Leigh communities offer a unique program called Respite Care. Your loved one may want to take advantage of this option for several reasons:

- He or she is thinking about moving into our assisted living community, but wants to fully experience the lifestyle before making a final decision.
- He or she is being discharged from a hospital or Rehabilitation Center, but may still need some extra help to ease the transition to home.
- A family member or elder caregiver is going away on vacation, and your loved one needs a temporary place to live while the caregiver gets a well-deserved break.

If so, we welcome your loved one to stay in any of our communities for just a week\* – or for however long they choose. Your loved one will receive the same services all residents enjoy – home-cooked meals, scheduled transportation, along with all of our services and amenities. In fact, most of our short-stay residents tell us how quickly they feel right at home – so much at home and part of the community that many choose to stay for the longer term.



## Mission Statement

To Provide our residents with dignity, understanding, security, and the highest quality of care, while offering continued support, and peace of mind, to family members when it is most needed.

# Amenities

Pontoon Boat  
Tropical Fish Tank  
Exercise Room  
Wireless Internet  
Kris-Care (Computerized Tracking System)  
Video Teleconferencing  
Fishing Pier  
ADA Boat Dock Rail with Electric Hook-up and Gazebo  
Boat Slips Available  
Beauty Salon  
Concierge Service  
Transportation  
Wellness Nurse F/T  
Nurse Call System – On Dock  
Security Cameras 24-Hour Monitoring  
Kris-Leigh Movie Theater  
Piano Bar with Cocktails  
Commercial Backup Generator  
Individual Thermostats located in Rooms  
Library – Private Family Gatherings  
Las Vegas Style Slot Machines  
Heated Therapy Pool  
Cable TV/Phone Access in Room  
Weekly Spiritual Services  
Restaurant Style menus with Dessert Cart  
On Site Chef  
Medication Management  
Assistance with ADL's  
Housekeeping Services Available  
Laundry Service  
Pharmacy Delivery  
Hospice Services Available  
Respite Care (When Available)  
Ice Cream Parlor  
Local & Experienced Management Group  
Security Porch/Door Alarm  
Invisible Security Fence  
Ceiling Fans in all Rooms & Suites  
Gourmet Coffee

# Cypress Cove

## Waterfront Dining

### Meal Hours

Breakfast:	7:00 AM – 9:00 AM
Lunch:	12:00 PM – 1:00 PM
Dinner:	5:00 PM – 6:00 PM

### Guest Meals

If you wish to have guests join you at meals they are required to purchase a ticket at the concierge desk. We ask that you provide 24 hours notice to our chef if you are expecting guests. Tickets may be purchased between 8:00 AM and 5:00 PM using check or cash in the exact amount. Prices are as follows:

Breakfast	\$ 9.00
Lunch	\$13.00
Dinner	\$16.00
Special Occasions	\$22.00

Snacks are available anytime

Sample Menu

Dinner

Soup DuJour

Rotisserie Chicken

Au Gratin Potatoes

Summer Blend Vegetables

Dinner Roll

Assorted Desserts & Beverages

Alternate Entrée: Sliced Honey Baked Ham

## Kris-Leigh TV Channels

- 3 ABC
- 6 WBAL/11
- 8 WJZ/13
- 10 FOX
- 12 WUTB/UPN
- 14 WB
- 15 MPT
- 16 ESPN
- 17 ESPN2
- 18 ESPN (NEWS)
- 21 ESPN (CLASSIC)
- 22 CSPAN
- 23 GSN (GAME SHOPPING NETWORK)
- 24 CNN
- 25 CSPAN2
- 26 FOX NEWS
- 27 CNN HEADLINE NEWS
- 28 TBS
- 29 WEATHER CHANNEL
- 30 TNT
- 31 USA
- 32 NATIONAL GEOGRAPHIC
- 33 FINE LIVING
- 34 DIY TV
- 35 TCON OUTDOORS
- 36 ABC FAMILY
- 37 AMERICAN MOVIE CLASSIC
- 38 ANIMAL PLANET
- 39 DISCOVERY CHANNEL
- 40 TLC
- 41 KRIS-LEIGH
- 43 CMT
- 44 HISTORY CHANNEL
- 45 FOOD NETWORK
- 46 HGTV
- 47 TBN
- 48 MASN



## APPLICATION FOR ADMISSION

Date: \_\_\_\_\_

House Location: \_\_\_\_\_

### A. Personal Information:

Customer's Name: \_\_\_\_\_

Home Phone #: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Place of Birth: \_\_\_\_\_

Home Address: \_\_\_\_\_

\_\_\_\_\_

Marital Status: S W D Religion: \_\_\_\_\_ Church: \_\_\_\_\_

Previous Occupation: \_\_\_\_\_ Military Service: \_\_ YES \_\_ NO

Customer is now at: \_\_ Home \_\_ Hospital \_\_ Nursing Home \_\_ Other

Referred to Kris-Leigh Assisted Living, L.L.C. by: \_\_\_\_\_

Personal Physician: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

Office

Fax

### B. Financial Information:

#### 1. Individual Responsible for Paying Bills

Name: \_\_\_\_\_ Relationship \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_

Home

Work

#### 2. Power of Attorney: Medical Financial General

Authorized Name: \_\_\_\_\_

Authorized Directives: \_\_ Yes \_\_ No

#### 3. Customer's Financial Data:

Social Security Number: \_\_\_\_\_

Medicare Number: \_\_\_\_\_ Part A \_\_ Part B

Medicare Supplemental Ins. \_\_\_\_\_

Other Insurance: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Customer's Total Monthly Income: \$ \_\_\_\_\_

Social Security: \$ \_\_\_\_\_

Civil Service Retirement: \$ \_\_\_\_\_

Pension: \$ \_\_\_\_\_

Other: \$ \_\_\_\_\_

Other: \$ \_\_\_\_\_

4. Cash Assets in Banks, Credit Unions, Savings:

Bank Name: \_\_\_\_\_ Location: \_\_\_\_\_  
Type of Account: \_\_\_\_\_ Balance: \_\_\_\_\_  
Names Listed on Account: \_\_\_\_\_

Bank Name: \_\_\_\_\_ Location: \_\_\_\_\_  
Type of Account: \_\_\_\_\_ Balance: \_\_\_\_\_  
Names Listed on Account: \_\_\_\_\_

Bank Name: \_\_\_\_\_ Location: \_\_\_\_\_  
Type of Account: \_\_\_\_\_ Balance: \_\_\_\_\_  
Names Listed on Account: \_\_\_\_\_

5. Does Customer Own His/Her Home: \_\_\_ Yes \_\_\_ No

Approximate Value: \$ \_\_\_\_\_

Is Home Owned Jointly: \_\_\_ Yes \_\_\_ No

Name of Co-Owners: \_\_\_\_\_

6. Other Assets (Insurance Policies, Stocks, IRA's)

Company: \_\_\_\_\_ Approximate Value: \$ \_\_\_\_\_

Company: \_\_\_\_\_ Approximate Value: \$ \_\_\_\_\_

Company: \_\_\_\_\_ Approximate Value: \$ \_\_\_\_\_

**C. MEDICAID INFORMATION:**

1. Has Customer applied for the Medicaid Waiver: \_\_\_ Yes \_\_\_ No

If Yes, What is the Date: \_\_\_\_\_

Department of Social Services Representation: \_\_\_\_\_

Telephone #: \_\_\_\_\_

**I hereby certify that to the best of my knowledge the above-stated information is true and complete. I understand that if any information has been falsely presented, this will be sufficient reason for voiding the Application for Admission.**

\_\_\_\_\_  
**Kris-Leigh Assisted Living  
Representative**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Customer Signature**

\_\_\_\_\_  
**Guarantor Signature**

\_\_\_\_\_  
**Date**