



## **Peace of Mind**

### **Our Specialty!**

At Kris-Leigh Assisted Living we realize how difficult it is to make this very significant decision. Over the years we have compiled what seem to be the **“Top 10”** Questions or concerns that most have when choosing a facility:

**Q: Is an entrance or community fee customary in Assisted Living?**

A: Yes. Most communities in our area have community fees. It's a standard in Assisted Livings to ensure a quality environment, safe grounds and top of the line perks for our residents and their families.

**Q: What happens if mom falls in her room and can't reach her call light?**

A: We recommend our Kris-Leigh Emergency Pendant. Our state of the art building has been outfitted for an in-house emergency pendant system that can be worn and utilized as the need arises. The call is routed to all care-giving personnel.

**Q: My dad has always been social but lately he refuses to leave his chair, what can you do for him?**

A: Kris-Leigh has a well planned and diverse activity calendar! Our daily activities range from Morning Exercises to Happy Hour. We hold daily live music in our Piano Room, Spanish classes in our Library and Pontoon Boat Rides down the Magothy River.

**Q: What is a Certified Medication Technician and how is that safe for mom's medication regime?**

A: Certified Medication Technicians are trained and certified under the Maryland State Board of Nursing. Certified Medication Technicians were designed to alleviate the time consuming med-pass, allowing time for our Nurses to clinically and personally manage their residents. Certified Medication Technicians. Along with our nurses are held accountable for the safe handling and administration of medications.

**Q: We want to use our family Pharmacist, is that possible?**

A: It is recommended that you partner with our contract pharmacy, however, you can opt to use your current provider. Long Term Care communities typically contract with an institutional pharmacy that provides a Geriatric Pharmacist to monitor medications. The pharmacy also

prepares medications in bubble cassettes to ensure safety and precise management. If you choose your own Pharmacist, please be aware of a charge for repackaging.

**Q: Is there a Doctor that visits onsite?**

A: Yes, and many other Specialized Physicians do house calls also! Kris-Leigh Assisted Livings contracts with a Physician who is responsible for the primary care of the resident. He also will refer residents to other specialties as the need arises.

**Q: My mother is a picky eater. Do you offer a variety of menu items?**

A: Our chefs work hard to plan and prepare a variety of many options to satisfy many palates! You won't find spaghetti on the menu too often, we pride ourselves in a wide selection of pleasing entrees. Served restaurant style, you order... we serve!

**Q: I heard there isn't enough staff in Assisted Living, is that true?**

A: Our resident to staff ratio mirrors the state and federal guidelines. Licensed Assisted Livings are mandated to have a ratio that supports the number of residents we have in the community.

**Q: Mom needs therapy, does she need Skilled Nursing?**

A: Residents can opt to have therapists onsite to cover therapy needs. Most of our residents have therapy from time to time. As long as the doctor orders it, therapy can be provided onsite without having to leave home. We also have a therapy pool and an exercise room to utilize.

**Q: Dad doesn't want to move and now he's pretty upset with us. We told him we'd never put him in a nursing home. What now?**

A: We can ease your burden...That's our primary function! Kris-Leigh was founded by a couple that had your exact issue, wanting the best care but knowing how hard it was to make that move. We recognize your tremendous feelings of guilt and pressure. One way to minimize the transition is to have your dad stay with us temporarily, a Respite stay. This can ease his stress and help the situation solve.